Welcome to iBottle.
Drink Different.

Scan for full setup, cleaning & troubleshooting

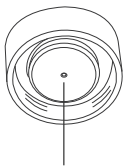
Support & FAQs: ibottle.com.au/faqs
Videos: youtube.com/@iBottle
Facebook: iBottle

Quick Start

1. Fully charge before first use
2. Remove internal plastic cover from base
3. Clean iBottle as per instructions below
4. Fill with clean drinking water
5. Tighten all parts securely
6. Press & hold the power button for **3 seconds**

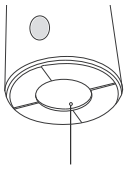
Drink immediately after electrolysis for best hydrogen concentration.

Get to know your iBottle



⚠ **Lid relief vent**

① Do not block the vent.
② The water level shall not flood the vent during electrolysis.



⚠ **Exhaust hole at bottom of hydrogen generator**

① Do not plug exhaust holes.
② There may be a little water dripping, please wipe it with a dry cloth.

Pre-Use Instructions — Must Be Completed Before First Use

Step 1: Remove the protective cap from the hydrogen generator

- Unscrew the bottom section of iBottle or iBottle+
- Locate the **protective cap inside the hydrogen generator unit**
- **Remove and discard this cap completely**

⚠ This cap is for transport protection only and must be removed before use.

Unscrew the bottom and remove the plastic cover before use.

Step 2: Clean the bottle before first use

- Disassemble iBottle or iBottle+ into its separate sections
- Clean the glass section and internal surfaces as outlined in the **Cleaning & Maintenance** section
- Rinse thoroughly with clean water
- Reassemble securely

Step 3: Flush the hydrogen generator (important)

The hydrogen generator contains **bacteriostatic water** to keep the internal PEM membrane moist during storage and transport.

Before drinking:

- Fill with clean drinking water
- Run a hydrogen cycle
- **Discard the water**
- Repeat this process for a total of **3 full cycles**

Do **not** drink the water from these first cycles.

The hydrogen outlet is equipped with bacteriostatic water

In order to keep the membrane moist, the water in the hydrogen outlet is bacteriostatic water.Clean the cup for the first time, and continuously electrolyze 3 cups of water and pour it away.

Hydrogen Production

- Press & hold the power button for **3 seconds**
- Hydrogen generation runs automatically for **5 minutes**
- Press & hold again to stop early if required
- Do **not exceed 3 consecutive cycles**

Indicator Lights

- **Multicolour** — Hydrogen cycle active
- **Red (solid)** — Charging
- **Green (solid)** — Fully charged
- **Flashing red** — Self-cleaning cycle active
- **Fast flashing red** — Battery low

Cleaning & Maintenance

iBottle and iBottle+ adopt a three-stage design, which can be unscrewed separately and cleaned independently.

- Rinse the glass section with warm water
- Use a soft sponge if required
- Do **not** immerse the hydrogen generator base
- Allow all parts to dry externally before reassembly

PEM Element Care (Important for Longevity)

Always leave water inside iBottle or iBottle+ when not in use.

This keeps the internal **PEM (Proton Exchange Membrane) element hydrated**, which is critical for long-term performance and durability.

Allowing the PEM element to dry out can reduce hydrogen production efficiency and shorten the lifespan of the hydrogen generator. Keeping water in the bottle helps ensure reliable performance and can help the unit last for years.

Self-Cleaning Mode

- Press the power button **3 times quickly**
- **Flashing red light** confirms self-cleaning is active
- Cycle runs automatically for **5 minutes**
- **Discard cleaning water** — do not drink

Charging Instructions

- Use the supplied USB-C cable
- Charge with a **standard 5V / 1A USB power source ONLY**
- High-watt chargers are not supported to protect and extend battery life.
- Charging can be done with or without water in the bottle.
- Hydrogen generation and self-cleaning cycles **cannot** be activated while charging.

Important Notes

- Use drinking water only
- Do not overfill
- Do not block bottom exhaust holes
- Do not place in dishwasher
- Do not disassemble the hydrogen generator

Tip: Leave water in iBottle or iBottle+ when not in use to keep the PEM element hydrated and extend its lifespan.

Need help?
Scan the QR code for:

- First-use videos
- Cleaning Instructions
- Troubleshooting
- FAQs & support